

Senior Brag Sheet

First and Last Name:	
Email Address:	
Provide five adjectives that describe yourself and explain why those words describe you.	
What do you consider your greatest personal strengths?	
What do you consider your greatest academic strengths?	
Please describe your current academic and career goals for the future.	
Please describe any factors related to any course grades that you would like colleges to be aware of.	
Please describe any factors that affected your admission test scores that you would like to address. (SAT, ACT, etc.)	
Please describe any circumstances in your life that might have had a negative impact on your school performance and how you learned from these circumstances and/or tried to overcome them.	
Describe an event or activity (positive or negative) that has had the most significant impact on your life. How has it shaped the person you are today?	
Describe an activity (club, sport, community service, job, organization, etc.) that has been the most meaningful to you and why?	
Describe your proudest academic accomplishment in school.	
Describe your proudest personal accomplishment in or outside of school.	

Please list activities you have been involved in and put them in order, starting with the most recent.	
School Related Activities: For the above list, please provide the date and grade level when you were a participant and specify the role you play(ed) in each activity (i.e. if you hold/held an office or had a specific responsibility).	
Non-School Related Activities: For the above list, please provide the date and grade level when you were a participant and specify the role you play(ed) in each activity (i.e. if you hold/held an office or had a specific responsibility).	
Awards and Honors: List the name of the award/honor, provide a brief explanation, and when you received it.	